

HOSPITAL BAG CHECKLIST



FOR MOM

- Nursing Bra/Nursing tank
- Nursing Cover
- Leggings
- Outfit to Go Home In
- Robe
- Slippers
- Sweatshirt/Cardigan
- Toiletries
- Hair Products (optional)
- Makeup (optional)
- Phone Charger
- Camera
- Computer/iPad/Magazine
- Extension Cord

FOR BABY

- An Installed Car Seat
- Going Home Outfit
- Outfit to Announce Birth (optional)

OPTIONAL ITEMS

- Breastfeeding Pillow
- Your Own Pillow
- Eye Mask
- Hemorrhoid Cream
- Nipple Covers

NOTES (WHERE ITEMS ARE, OTHER ITEMS YOU NEED, ETC)